



An adversarial machine learning framework and biomechanical model guided approach for generating 3D lung tissue elasticity from low dose end-exhalation CT

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Background

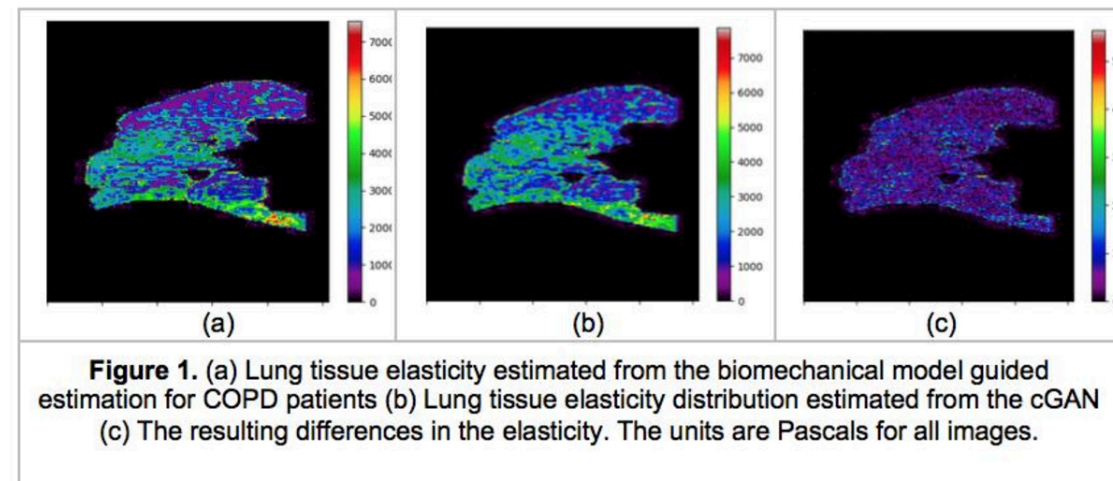
- Characterization of lung tissue elasticity is currently limited to 4D scans and other imaging modalities, while most diagnostic imaging uses low dose CT scans.
- The purpose of this study is to develop a method for predicting lung elasticity distribution using only a single low dose CT scan, enabling elasticity distributions to be widely employed in diagnostic and research applications.
- Such a process opens new avenues of research in the field of diagnostic imaging where the use of elasticity as a biomarker can be effective in characterizing diseases such as COPD.

Methods

- First, developed a machine learning based approach to predict a 3D lung tissue elasticity distribution given only a low dose breath-hold CT scan.
- 10 patient low-dose free breathing CT (FBCT) datasets were used to simulate ultra low-dose equivalents, which were in turn used to generate low-dose 5DCT motion models and end-inhalation and end-exhalation CT scans.
- Tissue elasticity was then estimated with a biomechanically guided inverse elasticity approach.
- A machine learning process (constrained Generalized Adversarial Neural Network (cGAN)) learned the lung tissue elasticity in a supervised manner for the simulated low dose end-expiration CT.
- Finally, cGAN estimated elasticity distributions were validated using:
 - a) Direct comparison with the 5DCT-based elasticity data via an L2-norm
 - b) Regenerating synthetic 4DCTs and comparing with ground-truth 4DCTs using 3 image similarity metrics: Mutual Information (MI), Structured Similarity Index (SSIM), and Normalized Cross Correlation (NCC).

Results

- For the training data set consisting of 8 low dose CT scans, we obtained a learning accuracy of 0.6 kPa.
- For the validation dataset consisting of 2 scans, we achieved an accuracy of 0.9 kPa.
- To demonstrate the ability of our learning process to account for patient variation and disease complexity we present the elasticity distribution for a lung cancer patient with severe COPD
- Fig 1 (a & b) shows a comparison of the ground truth elasticity and the cGAN generated elasticity for a subject with both lung tumor and severe COPD prevalence, respectively.
- Fig 1c shows the difference between the two estimations.



Conclusions

- cGAN generated lung tissue elasticity can be effectively estimated given a low dose end-expiration CT image with clinically acceptable accuracies.
- Variations in patient geometry and disease pathophysiology can be represented by the machine learning approach.
- This framework opens research avenues, where CT-based elastography can be used in a diagnostic setup for characterizing and phenotypic lung diseases.



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