

# Dose Rate Determination for Preclinical Total Body Irradiation

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## INTRODUCTION

- The accuracy of delivered radiation dose of radiotherapy methods are key factors for preclinical radiobiology applications and research studies.
- Large dose discrepancies are seen in publications due to lacking dosimetry details related to irradiation protocols.
- This work exemplifies the accurate determination of the dose rate for total body irradiation (TBI), a classic radiobiologic and immunologic experimental method.
- Our study demonstrates that physics expertise and consultation are crucial for accurate dose delivery in preclinical studies.

## METHOD

### ❖ Experimental measurements:

Precision X-rays XRAD 320 platform, HVL=0.45 mm Cu, 250kVp.

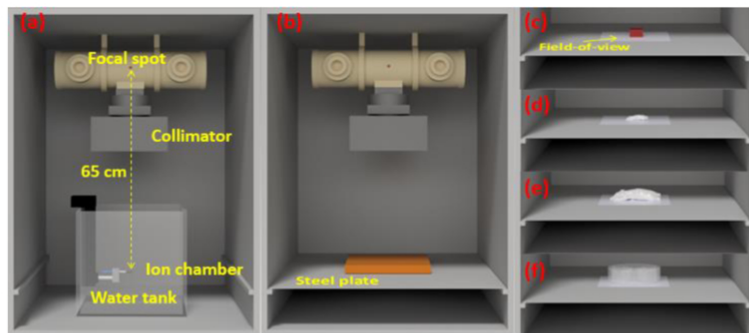
PTW UNIDOS E electrometer and N31010 ionization chamber calibration at SSD=65 cm, measurements at 63.5cm TG-61 protocol

$$\dot{D}_{w,z=1.5} = MN_K B_W P_{stem,air} \left[ \left( \frac{\mu_{en}}{\rho} \right)_{air}^w \right]_{air} * \left( \frac{SSD_{cal}}{SSD} \right)^2 * PDD(1.5)/100$$

### ❖ Monte Carlo simulation with the same setups

### ❖ Phantom and geometry

Phantoms and the geometries shown in Fig. 1



**Fig. 1.** The configurations used for dose measurements. a) In-air calibration setup; b) the solid water phantom; c) the small water box phantom; d) the silicon rubber mouse phantom; e) the silicon rubber rat phantom; and f) the mouse pie cage. Fully opened collimator with the maximum irradiation field,  $26.4 \times 26.4 \text{ cm}^2$ , projected on the steel plate at a 65 cm focal spot distance.

## RESULTS

- The Monte Carlo simulated dose rates ( $\dot{D}_{w,MC}$ ) and the measured dose rates ( $\dot{D}_{w,IC}$ ) show favorable agreement, as seen in Table 2. On average, the relative dose rate difference was 2.3%.
- Large deviations present when comparing the dose rates to the hand calculations based on lookup tables and the commonly used reference calibration dose rate.
- In a TBI setting, the reference calibration geometry at an extended source-to-surface distance and a large reference field size is likely to overestimate true photon scatter: 16% for a large solid water slab, 27% for a small water box, and 31%, 36%, and 30% for mouse phantom, rat phantom, and mouse phantom in a pie cage, respectively, shown in Table 3.

**Table 2.** Measured ( $\dot{D}_{w,IC}$ ) and MC simulation ( $\dot{D}_{w,MC}$ ) dose rate results in different phantoms.

IC & MC	Setup Description	SSD [cm]	Measurement depth [cm]	$\dot{D}_{w,IC}$ [Gy/min]	$\dot{D}_{w,MC}$ [Gy/min]	$e$ [%]
IC-1 & MC-1	In-air calibration	65.0 FSD	NA	1.537	1.537	0.0 (by definition)
IC-2 & MC-2	Solid water phantom	62.0	1.5	1.314	1.349	2.6
IC-3 & MC-3	Small water box	62.0	1.5	1.155	1.166	0.9
IC-4 & MC-4	Mouse phantom	62.9	1.05	1.070	1.106	3.3
IC-5 & MC-5	Rat phantom	61.5	1.75	0.976	1.014	3.9
IC-6 & MC-6	Mouse phantom in a pie cage	62.0	1.05	1.105	1.114	0.8

**Table 3.** Relative dose rate differences calculated using the point dose hand calculation method compared to the ionization chamber measurements and Monte Carlo simulations.

IC & MC	Setup Description	$\Delta \dot{D}_{IC}$ [%]	$\Delta \dot{D}_{MC}$ [%]	$\frac{1}{2} [\Delta \dot{D}_{IC} + \Delta \dot{D}_{MC}]$ [%]
IC-2 & MC-2	Solid water phantom	15.0	16.7	15.9
IC-3 & MC-3	Small water box	25.3	28.0	26.7
IC-4 & MC-4	Mouse phantom	30.8	31.7	31.3
IC-5 & MC-5	Rat phantom	36.9	36.0	36.5
IC-6 & MC-6	Mouse phantom in a pie cage	28.5	31.2	29.9

## CONCLUSIONS

- ❑ Small changes in TBI experimental setup could result in large dose rate variations.
- ❑ MC simulations and the corresponding measurements specific to a designed experimental setup are vital for accurate preclinical dosimetry and reproducibility of radiobiological findings.
- ❑ Physics consultation is highly recommended for all radiobiological investigations.

## REFERENCES

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